

# Instructions for creating the Hearts with Flowers Applique designs

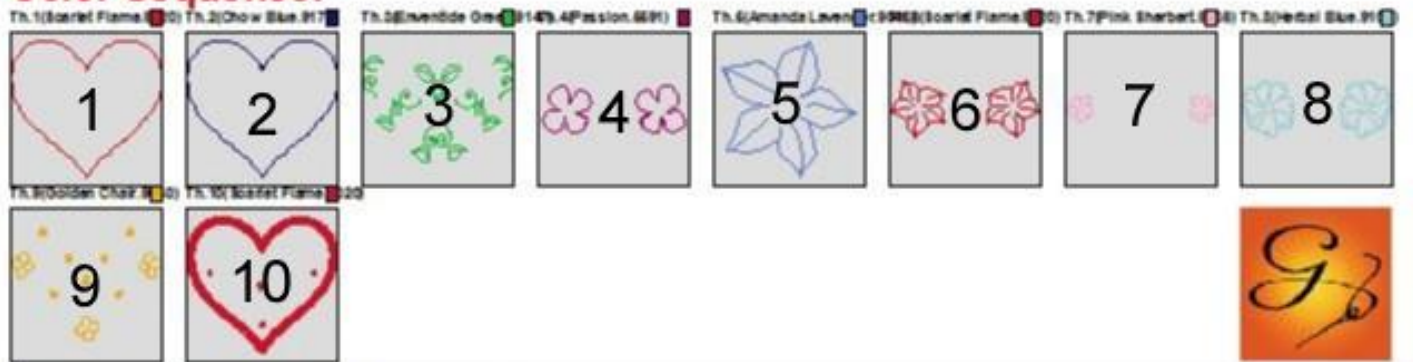
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Required materials for one applique Heart design:

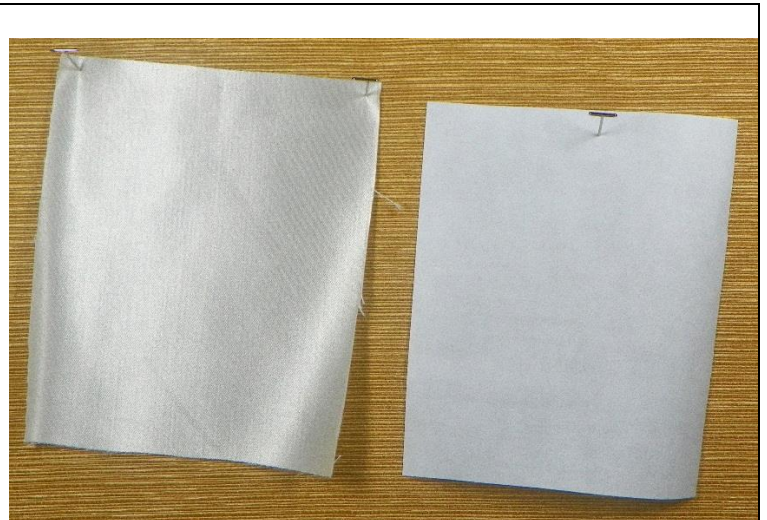
- 5 x 5 inch piece of fabric for applique- (solid color or muted designs works best)
- 5 x 5 inch piece of Heat-N-Bond Lite
- Threads of choice for design
- Tear Away stabilizer (enough for a 4 x 4 inch hoop -- 9 x 9 inches)

The color sequence for the design shown below will be referred to throughout these instructions.

## Color Sequence:



1. Cut one piece of **fabric** 5 x 5 inches.
2. Cut one piece **Heat-N-Bond Lite** 5 x 5 inches.

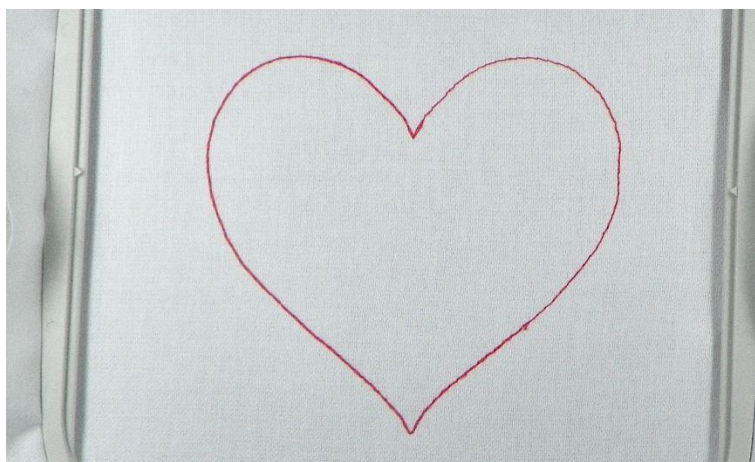


3. Press fabric and then fuse the Heat-N-Bond lite to the back of the fabric, let cool and remove paper from back.

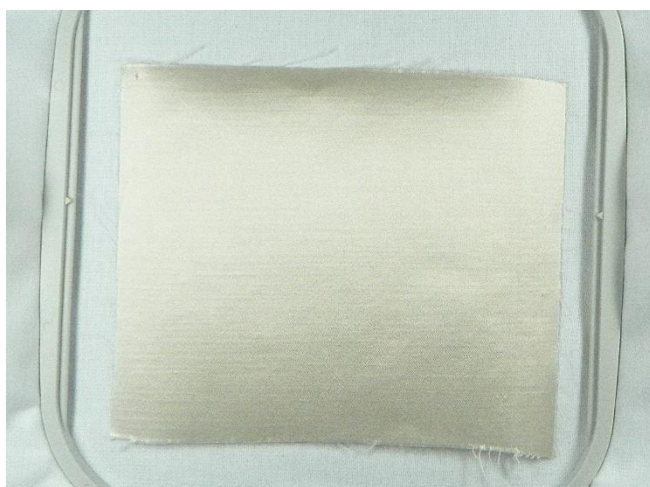


4. Transfer design to embroidery machine, hoop fabric and stabilizer in a 4 x 4 inch hoop and attach hoop to machine.

5. Sew the placement stitches (#1 in Color Sequence Chart).



6. Place the fabric piece that has the Heat-N-Bond Lite fused to the back over the placement stitches.





7. Sew the tack-down stitches (#2 in Color Sequence Chart).



8. Sew the design pieces (#3-9 in the Color Sequence Chart). It is good practice to clip jump stitches after each color is sewn so they do not get locked in place by other stitches.



9. Remove hoop from machine and trim away the fabric carefully around the design.



10. Return hoop to machine and sew the final set of stitches to create the satin border and red flower centers (#10 in the Color Sequence Chart).
11. Remove the hoop with the design from the machine and carefully tear away the stabilizer.



**Your design is complete.**