

Instructions for the Free Motion America Set

Size

8 Designs Fit 4x4 Hoop

2 Designs Fit 6x6 Hoop

Stitches Used

Running stitches (8 designs)

Triple stitch (2 designs)

Thread Required

Embroidery thread – 1 colour.

Bobbin thread (I used white)

Requirements

1. Backing (stitch and tear or cut-away).
2. Fabric to stitch the design on.
3. 1 Colour of embroidery thread.
4. Bobbin thread.

Method

1. Hoop the fabric and backing with the backing at the bottom. The fabric must be on top.
2. Stitch the design.
3. Remove the hoop and unhoop the fabric.
4. Enjoy!

Example of Designs Stitched Out





