Shabby Hearts Sweatshirt

SUPPLIES:

SweatShirt
cut-a-way Stabilizer
Thread of your choice
Fabric of your choice (it's best to use a loose weave cotton, so it will fray easily)
Prepare your fabric by cutting into squares that fit inside your 4x4 hoop

Lay your sweatshirt out flat.
Lay your fabric pieces over top anywhere you like on your shirt then using large safety pins, pin each piece of fabric in place as pictured.

Once fabric pieces are pinned in place, choose one of the fabric areas to place your hoop -- I slide the bottom of my hoop inside the sweatshirt then un-pinned the fabric before I pressed the top hoop in place. This is totally up to you how you hoop your shirt.
Place hoop on machine, lay fabric over top of hoop and stitch your heart.

Trim around heart leaving about 1/4 of fabric or so (your preference)
Make little clips into the fabric around the heart and then brush the clip edges some to start fraying. It will fray more when it is washed.

Add as many or few hearts as you like!
Enjoy!
Bonnie
Designs By SiCK
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