

# Instructions for stitching the FSL-Inspirational-Quotes-5x7

The FSL-Inspirational-Quotes designs are to be sewn on a **double layer of water-soluble stabilizer**, in a 5x7 inch embroidery hoop.

1. Hoop stabilizer in embroidery hoop and attach to machine.
2. Transfer design to be sewn to your embroidery machine.
3. The thread-color selection is up to you. I used white thread for the FSL part of the design and different colors for the text of the quotes.
4. Make sure to use the same color thread in the bobbin as in the needle as the design can be viewed from both sides.
5. The Color Charts are included in the zipped file. Refer to them as you stitch out your designs. They will guide through the color changes.
6. Once the design has been completed, remove hoop from machine and project from hoop.
7. Cut away excess stabilizer from around the design leaving about ¼ inch to prevent cutting border stitches.
8. Place design in a container of warm water and swish until the remaining ¼ stabilizer falls away. The design will be somewhat sticky-the remaining stabilizer will give the design structure.
9. Remove from water and place on a paper towel. Blot with another paper towel. (It important that the design be flat and smooth (not wrinkled or curled at the edges.)
10. Lay flat to dry. Once dry, your Inspirational quote is ready to use or share.

