

ITH TWIN HEARTS PICTURE FRAME



NOTE-Any material which wouldn't fray easily may be used for this project!

1. Hoop 2 layers of tear away stabilizer.
2. Sew the 1st color, the double hearts placement line.

3. Lay a piece of clear vinyl or any other clear plastic which is suitable to use with your machine. This should cover the outlines of the smaller hearts.



4. Next color will tack down the vinyl.
5. Lay a piece of the top material covering the whole frame outline, sew the next tack down stitch.
6. The inner heart is sewn so that it can be cut out, carefully trim the small heart by 1st poking a hole in the middle and then gradually trim all around as closely as possible like we do for an applique.(make sure you don't cut the vinyl).



7. Also remove the stabilizer behind the smaller hearts.



8. Next color will be the motif stitches or satin stitches on the edges of the cutout hearts. (make sure the clear material you are using will stand the satin stitches, using a small sized sharp needle can help)
9. Remove hoop and add the backing on the reverse side of the hoop and tape it in place.



10. Next color will partially attach the backing to the front of the frame.
11. Unhoop and Tearaway the excess stabilizer.
12. Carefully trim around the whole shape evenly.

Note: You may add a ribbon on the left and right side before the last color, to fold and tie the frame.

Metal or KAM snaps can be added too.



FREE STANDING APPLIQUE



1. Hoop 2 layers of tearaway stabilizer or wash away stabilizer for a better finish.
2. Sew the 1st placement line.

3. Lay a piece of material big enough to cover the outline well.
4. Next color will tack it down.
5. Remove hoop and trim around the whole shape.
6. Next the outer border and text will be stitched. You may add names of letters here too.
7. Once all is done, unhoop and Tearaway the excess stabilizer.
8. These free standing appliques can be glued or hand sewn at the back of the frame.

*****DESIGNSBYSICK*****