

IN THE HOOP LOVE BOX (4x4, 5x7 & 8x8 inches)



Fabric

Fleece, felt or batting

Applique fabric

Tear away stabilizer

Stiff interfacing (optional)

1. Hoop tearaway stabilizer and sew the 1st color, the placement line.



2. Lay a piece of fleece and a layer of fabric with right side facing up covering the whole outline, sew the 2nd color.



3. Next change colors and sew out the filled tiny hearts, followed by the satin stitching of these hearts.
 4. Next color will sew out the placement lines for the 3 applique hearts.
 5. Lay the scraps of fabric one at a time and sew the respective tack down stitches, trimming each one as close to the stitching as possible. (you may trim all 3 together once they are stitched in place)
 6. Remove hoop and lay a piece fleece and another piece fabric covering the outline at the back of the hoop and tape it in place.
- NOTE- For extra stiffness you may add interfacing. (not needed for smaller size)



7. Next color will attach the backing layers.
8. Fill bobbin thread with same color as in the needle for the next satin stitching of each appliqued heart.



9. Remove hoop and trim the top and bottom layers as close to the stitching as possible.



10. Next will be satin stitching of the base of the box, followed by satin stitching of the heart. You may choose these 2 to be of different colors. (use same thread in needle and bobbin for both)



11. Your piece is complete. Make 4 of these for each box.
12. For the base, 1st color is the placement line.
13. Next lay a piece of fleece with a layer of fabric.
14. 2nd color is tack down stitch and placement line of the applique heart.
15. Lay the applique fabric, sew next color.
16. Trim applique fabric.
17. At the back of the hoop, lay a piece of fleece and on top another layer of fabric. Tape in place.
18. Next color will join all the layers.
19. Change bobbin thread to match the needle thread and sew the satin stitching of the heart.

20. Remove hoop and trim top and bottom layers.



21. Sew the last satin stitch edge. (same thread in needle and bobbin)
22. You need 1 base for each box.
23. Join the pieces using a sewing machine set with an appropriate width of a zigzag stitch and matching threads.



24. It is easier to join the base by hand sewing using blanket stitch.