

# Ghee's®

## INSTRUCTIONS

# Running In Circles

By Linda McGehee

Originally designed to make coasters, mug rugs, or cord managers using precut, double-sided, fusible interfacing, the Running in Circles Design Pack has limitless possibilities for appliqué or embroidery on garments, towels, handbags, totes, ornaments, quilts, or table runners. Use individually or place multiples on the project to create one of a kind designs. Experiment with different thread types such as variegated thread to make the design uniquely your own.



### Point of Interest

- Use pretty thread in the bobbin, as well as the needle, when stitching coasters, cord managers, towels, or ornaments. The finished embroidery design is visible on both sides of these projects. Bobbin thread may be appropriate for other projects.
- The best stabilizer for most of these projects is a water-soluble stabilizer. The stabilizer could vary depending upon the finished project.
- When stitching the decorative designs inside the circles, use a temporary spray glue or glue stick rather than double sided tape. It's difficult to remove tape when stitched into the design. The difference is the circle designs stitch around the tape. The decorative designs stitch into the tape. Another option is sticky water-soluble stabilizer.
- The stitching sequence on the circle designs uses varying colors of thread to differentiate the steps for placement of the coaster double sided fusible interfacing. It is not necessary to change colors of thread until the decorative design changes.

### Stitching the Circle Design for Coasters

#### Step 1

To begin, hoop water-soluble stabilizer. Choose desired embroidery design. Stitch first color sequence. This is the outline circle for coaster double sided fusible interfacing placement.



#### Step 2

Fuse fabric circles to each side of the coaster double sided fusible interfacing with right sides showing. Be sure to use plenty of steam with the iron set on the wool setting for proper fusing.



[www.ghees.com](http://www.ghees.com)

(318) 226-1701 FAX: (318) 226-1781

PO Box 4424 Shreveport LA 71134

© Copyright 2016, Ghee's. All rights reserved. Ghee's patterns are created for you own personal use to showcase your own fabric manipulations and embellishments. Please remember that this material is copyrighted. No portion of this pattern maybe reprinted without the written permission of Ghee's. Permission is granted to teach this pattern provided each student purchases a pattern. This pattern may not be reproduced.

**Step 3**

Place small piece of double sided Scotch tape on back side of coaster.



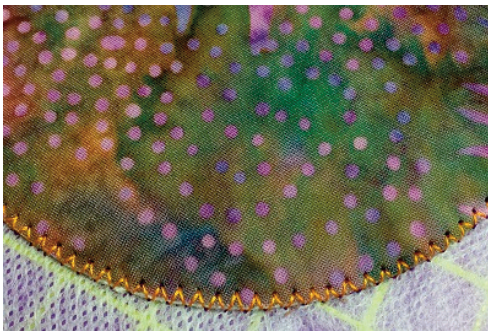
**Step 4**

Position on hooped outline stitch.



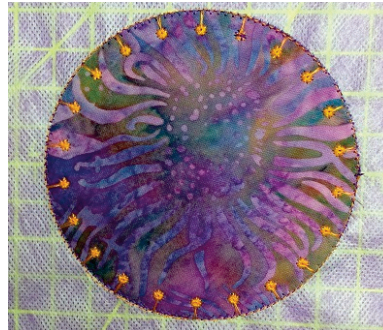
**Step 5**

Stitch zigzag—2nd stitching—to hold coaster placement for decorative embroidery stitching.



**Step 6**

Stitch 3rd thread color of design. This could be the same thread color throughout design or a contrast thread color. It's your choice.



**Step 7**

Complete final stitching of design.



**Step 8**

Trim excess stabilizer from design. Use warm water to remove remaining stabilizer.

There is no one recipe for this design pack. Thread color, fabric choices, and design combinations offer a multitude of opportunities to stitch/play with circles and embroidery on projects.



www.ghees.com

(318) 226-1701 FAX: (318) 226-1781  
PO Box 4424 Shreveport LA 71134

© Copyright 2016, Ghee's. All rights reserved. Ghee's patterns are created for your own personal use to showcase your own fabric manipulations and embellishments. Please remember that this material is copyrighted. No portion of this pattern may be reprinted without the written permission of Ghee's. Permission is granted to teach this pattern provided each student purchases a pattern. This pattern may not be reproduced.

**Ghee's Patterns & Books**

Ghee's offers a variety of handbag patterns along with the metal frames, magnetic snaps, chains, handbag hardware, zippers, and stabilizers to make them. Many of the embellishment ideas that designer Linda McGehee uses originated from her DVD, **BAGS Galore** and books, **Zip Couture**, **The Perfect BAG**, **Simply Sensational BAGS**, and **Creating Textiles With Textiles**.